

Grocery Receipt Nutrition Audit

Trader Joe's • Receipt #43364

Client: Lucas Czekaj (founder of Peppermint)

Purchase date: Oct 6, 2025, 9:19 AM

Purchased Items

- F** BULGOGI BEEF FRIED RICE WITH KIMCHI ✓ ||||| 🍷 🥤
- F** MAÎTRE PIERRE TARTE D' ALSACE ✓ ||||| 🥤
- D+** SHIITAKE MUSHROOM CHICKEN ✓ ||||| 🥤
- D+** SOUTHWEST SALAD ✓ ||||| 🥤
- A** FRESH CUT FRUIT ✓ |||||
- C** ORGANIC SUPER BREAD ✓ ||||| 🥤
- A-** R-GRAPES GREEN SEEDLESS ORGANIC 2LB ✓ |||||
- D-** RAINBOW'S END TRAIL MIX ✓ ||||| 🥤
- A** GREEN ONIONS ✓ |||||
- A** WILD ALASKAN SOCKEYE SALMON FILLETS ✓ |||||
- F** KETCHUP FLAVORED LATTICE POTATO CHIPS ✓ ||||| 🍷 🥤
- A** APPLE EACH ORG FUJI ✓ |||||
- A-** A-GARLIC EACH ✓ |||||

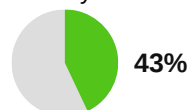
Receipt Total

D+

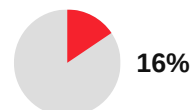
Item grades reflect scores for client's main goal.
Item match confidence: 98% • Nutrient coverage: 92%

Metric Overview

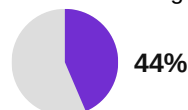
Healthy Cart Index



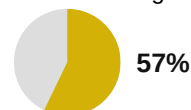
Ultra Processed Index



Protein Coverage



Fiber Coverage



Added Sugar G

15 g

Saturated Fat G

15.5 g

Sodium Mg

3165 mg

Icon Legend

- ✓ Peppermint verified nutrition profile
- ||||| Matched to retailer barcode data
- 🍷 Contributes to the ultra-processed index
- 🥤 Contributes to the sodium metric